## ANAND HOMOEOPATHIC MEDICAL COLLEGE



### RESEARCH INSTITUTE







**Hahnemannian News** by SRKSM

# **MEDICAL BULLETIN**

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### MESSAGE

#### **PRESIDENT**



Shri Ramkrishna sevamandal is contributing in the field of education by imparting quality required in this global scenario. The professional education has undergone a lot of changes and require a technological change in this context. We have devoted ourselves in this direction and created world class facilities for the students of school and colleges.

Anand Homoeopathic Medical College and Research Institute managed by Shri Ramkrishna Sevamandal trust have conducive environment, good atmosphere which enable students to work hard and achieve their goals and the same time serve the people in a better way.

On occasion of publication of the medical bulletin - 2019, I wish success the whole team of Anand Homoeopathic Meadical College and Research Institute.

Mr. Hemantbhai J. Patel President, SRKSM

#### **SECRETARY**



The key factor playing role in development of country is education. Shri Ramkrishna Seva Mandal has emerged as major player in field of education and healthcare through catering quality education.

At present our government is progressing to develop a "New India", through introduction of various programmes like – Swacch Bharat, Make in india, Digital India, Pradhan mantri jan arogya yojana and many more. The government has also introduced NEET for admission and replaced Medical commission with National Medical Commission in order to achieve transparency in the medical field.

The department of AYUSH and CCH are also making necessary changes to transform the field of Homoeopathy as well as Indian system of medicine to improve the quality of education. Now it is our responsibility to take up this new challenges for this transformation.

My heartfelt wishes to Anand Homoeopathic Medical college and RI team on publication of Medical bulletin – issue 2019.

Mrs. Jyostnaben K. Patel Hon.Secretary, SRKSM

### PRINCIPAL



Dr. Neelam Trivedi

It is very remarkable work done by publishing articles in field of homoeopathy, done by our college family,

In this new era to see the matter differently and making it useful for the society and to enhance the knowledge of the all participant is the basic goal. The thought process is like a plant which should be cultivated to a standard thought which can lead to a fruitful research work.

Still we have to go far more forward in research area. Homoeopathy has ample scope in research. So continue to contribute hundred percent for growth of homoeopathy.

#### HOMOEOPATHIC MANAGEMENT OF TONSILLITIS

Dr Rasik Prajapati. (M.D)
Associate Professor
Department of Materia Medica

Introduction:- Tonsils refer to masses of lymphoid tissues lying in the back of the throat, one on either side. Tonsils have a protective role and act as the first line of defence against the bacteria and virus that get inhaled or ingested. Inflammation of tonsils, on one side or on both, is known as tonsillitis. Homeopathic medicines for tonsils treat the chronic tendency toward recurrent infections that have resulted in tonsillitis in the first place.

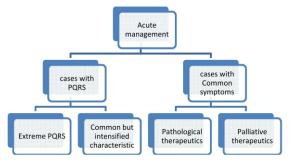
## Importance of cases of tonsillitis for homoeopath:-

Tonsillitis is most common disorder in pediatric practice. It is one of the top listed pseudosurgical disease as per homoeopathic concept. Today cases related poor immunity are increased because of modern diet and suppressive treatment. So there is huge scope of homoeopathic treatment in tonsillitis. Management approach will be depends on type of information available after genuine case taking. Here some tips are given as per my clinical experience for tonsillitis.

#### Types of cases

- Acute disease and Acute exacerbation of chronic disease.
- Chronic disease.

## Homoeopathic approach to Acute disease and Acute exacerbation of chronic tonsillitis



- 1. Cases with extreme PQRS- Main approach is detail acute case taking and make list of rare and most characteristic modality, concomitant, ailment from, sensation and any other information. Refer repertory and select medicine. Some example of such PQRS are,
- Tonsillitis before menses-Barv c
- With rheumatism-Phyto
- Without any pain-Baptisia
- With excess salivation- Bary c
- Alternate with headache- Lac d
- \* After coryza-Sabadilla
- Dark, gangrenous-Bapt, merc cyn
- Gray coating extend to uvula and pharynx-Phyt
- Gray coating with fiery red margin-Apis
- Gray patches- Kali m
- Gray coating with extend to post nose- Echine
- Gray white in Crypts Ign
- \* Frequents plug of mucus from crypt-Calf
- Shining glazed yellow spot-Lac c
- \* Thick brownish black appearance-Dipth
- \* Tonsillitis with hardness of hearing-Hep, Baryta c

#### 2. Cases with Common but intensified PQRS-

Here symptoms are common diagnostic symptoms of tonsillitis but out of them few symptoms are intensified. So here on the basis of intensity they become leading symptoms for selection of acute medicine. Some examples of such symptoms are,

- cold food-hep, fl a, Lyc, cistus
- \* < warm drinks-Lach, Phyt
- From swallowing empty- Hep, Merc, Lach, Bar c,Justicia
- \* From swallowing liquid-Lach
- \* <swallowing solid-Bapt, merc
- \* < in between swallowing-Ign, Caps
- \* < bed time- Merc
- > from cold air-Sang,
- >swallowing-Gels, Ign
- \* >from swallowing liquid-Cistus
- >from swallowing warm liquid-Lyc
- > from swallowing warm solid-lgn, Lach.

## 3. Cases with less characteristic symptoms. (Pathological therapeutics)

When we not find strong characteristic or strong intensified PQRS then try to select medicine on the basis of available symptoms from therapeutic list of medicine. Therapeutic medicines are group of medicine which clinically verified regarding its pathogenesis for tonsillitis. They cover majority of common symptoms. Final selection of medicine will depends on remaining available symptoms from patient.

Medicine for acute tonsillitis- Acon, Bella, Apis,, Bapt, Baryta carb, Dulca, Ferrum phos, Ign, Kali bich, Kali m, Lach, Lyc, Merc I fl, Merc I r, Merc s, Phyto, Sang, Silicea and many more.

- Quinsy-Barc, Bell, Hep, Lyc, Merc group, Phyt, Sil
- Ulceration-Ars, Hep, Kali bich, Merc, Sil
- \* Left side-Lach, Sabadilla, Merc I R
- \* Right side-Bell, Bary c, Lyc, Merc I FI, Sang
- 4. Palliative therapeutics- best therapeutic measure are,
- \* Warm water gargle
- Massage

Homoeopathic approach to chronic disease.

For chronic management main approach will be similar to other chronic disease. It includes detail case taking followed by constitutional and antimiasmatic medicine as per homoeopathic concept. In my practice I observe that when proper symptoms are not available for constitutional and antimiasmatic prescription, Tuberculinum 200 one dose/ month for three consecutive month will be capable to reduce recurrence of tonsillitis.

## HOMOEOPATHY IN POLYCYSTIC OVARIAN SYNDROME

#### Dr.Chhaya Sutariya

M.D. (Part 1)

PCO is the most common female endocrine system disorders affecting 5%-26% of women of reproductive age (12-45 years old) and thought to be commonest cause of female infertility.

The exact cause of polycystic ovary syndrome is unknown. Family history, sedentary lifestyle, obesity are the predisposing factors.

Some dietary foods may cause PCO like caffeine, sweets, hydrogenated oils, Alcohol, Red meat, Gluten grains, white flour and white rice, White sugar and dairy products.

In PCO, excessive androgens are secreted by both the ovaries and adrenal glands in response to their respective tropic hormones, LH and ACTH, leads to enhance follicle recruitment. Increased folliculogenesis is responsible for the increased AMH production by polycystic ovary.

#### **Signs and Symptoms:**

Irregular Periods: A lack of ovulation prevents the uterine lining from shedding every month.

Heavy bleeding: The uterine lining builds up for a longer period of time, so the periods you do get can be heavier than normal.

Hair growth: More than 70 percent of women with this condition grow hair on their face and body—including on their back, belly, and chest. Excess hair growth is called hirsutism.

Acne: Male hormones can make the skin oilier than usual and cause breakouts on areas like the face, chest, and upper back.

Weight gain: Up to 80 percent of women with PCOS are overweight or obese.

Male-pattern baldness: Hair on the scalp gets thinner and fall out.

Darkening of the skin: Dark Patches of skin from in body creases like those on the neck, in the groin, and under the breasts.

Migraine: Hormone changes can trigger headaches in some women.

Infertility: PCOS is one of the leading causes of infertility in women due to anovulation.

Metabolic syndrome: Up to 80% cases increased risk for cardiovascular disease, diabetes and prediabetes, endometrial cancer, heart attack, hypertension, abnormal lipid profile..

**Endometrial Cancer:** Because of anovulation in PCO, Endometrial lining continue to grow, increasing risk of cancer.

Depression: Both hormonal changes and symptoms like unwanted hair growth can negatively affect your emotions. Many with PCOS end up experiencing depression and anxiety

#### **Investigation:**

- Blood tests-Hormonal profile (FSH, LH, E2, SHBG, AMH, INSULIN, ANDROSTENEDIONE, TESTOSTERONE) and lipid profile, blood sugar level should be checked.
- Ultrasonography: to visualize ovaries for multiple follicular cysts with thick stroma.

#### Homoeopathic Management:

Homoeopathic treatment has no side effects and holistically treats individuals. Homoeopathic medicines can modify general tendencies, thus causing cure of conditions. Homoeopathic literature mentions many medicines for the conditions, of which a similimum can help a patient for keeping the disease at far away for a longer period.

Sepia: This is considered as the best homoeopathic remedy for the cure of PCOS. The symptom that gets cured with sepia is late and scanty periods in women. The ovaries are enlarged and have fluid-filled cysts inside. Sepia is very effective in normalizing menstrual flow. It also tackles abnormal hair growth on the face, especially on upper lips. Cases where sepia is administered may show symptoms of mental irritability & indifference and being sensitive to cold

Pulsatilla: This homoeopathic medicine is excellent for starting menses that have been suppressed for a long duration. In such patients, periods are scanty and accompanied by pain. Pulsatilla works by removing the obstacles that cause the periods to be suppressed and this helps in the normalization of periods. Some symptoms, which the patient might exhibit, would be a lack of thirst and a desire to be in open air all the time.

Natrum Mur: It not only treats irregular and suppressed periods but also helps the women conceive.

Thuja Occidentalis: This is the definitive homoeopathic medicine for treatment of retarded menstrual flow. Other indications for its use are the presence of multiple cysts in an ovary. Thuja has the innate capacity to dissolve and get rid of abnormal growths anywhere in the body. Thus, it is very effective in dissolving ovarian cysts too. Most women who require Thuja have cysts in the left ovary.

Apart from this, Thuja is also very effective in treating hirsutism due to PCOS.

Calcarea Carb: Some women may get periods, which are quite profuse and may be longer in terms of duration. It may make you prone to gaining weight as well. Calcarea carb is a very effective medication, which can effectively control these symptoms. Calcarea carb will be prescribed to you if you have a craving for boiled eggs and have heavy sweating (know more about Sweating problem) on the head as external symptoms.

Some other important medicine for PCO-

- Scanty menses can be treated with sepia and senecio.
- Menses remaining only for a few hours euphrasia, coccus cacti and psorinum are of great
- For hair growth on chin, homeopathic medicine oleum jecoris aselli is of great help.
- For treating acne or pimples in PCOS sulphur and silicea is of great help. Silicea is to be considered when the acne contains pus and they are deeprooted.
- For obesity are calcarea carb, graphites and ammonium carb.
- The presence of cysts predominantly in the right ovary suggests lycopodium, belladona and apis mellifica. And if the cysts occupy the left ovary, thuja occidentalis and lachesis are of great help.

#### DOCTRINE OF SIGNATURE OF SOME INDIAN REMEDIES

Dr.Aishvarya.D. Patel M.D. (Part-1)

The concept of doctrine of signature is that a principle that assigns healing properties to plants on the basis of the association between their physical characteristics and those of the disease or the affected part of the body. Many homeopathic medicines have evolved by this concept and are really valuable in curing many disease conditions.

Key Words:- Doctrine of signature of some indian remedies, Bacopamonnieri, Ricinuscommunis, Momordica charantia, Cucurbitapepo, and Jonesia asoca.

#### 1.Bacopamonnieri

Common Name:-Brahmi

Doctrine of signature:- The leaves of Brahmi looks like brain & action mainly on brain related diseases.

Uses of Brahmi:- Brahmi reduces stress and anxiety as it decreases the levels of cortisol, which is known as the stress hormone. Brahmi is known to help ease the symptoms of alzheimer's disease due to the presence of the amyloid compound in The neuron that is responsible for damaging the brain.

Brahmi helps in boosting your memory. It has positive effect on the hippocampus part of brain that is responsible for Intelligency, Concentration and Memory.

It is mostly used as popular brain tonic for absent mindedness, short weak memory, learning disabilities, tension due to mental work.

#### 2. Ricinus communis

Common Name: - Castor Oil

Doctrine of signature:- Seed look like retarded nipples and action on breast, Increases the quantity of milk in nursing mothers.

Uses Of Ricinus:- Ricinus increasing the flow of milk In nursing women. The breasts were fomented with a decoction of leaves being afterwards thinly spread on the breasts-for producing milk. In other more vigorous measure were restored to five drops every four hours for increasing the flow of milk - efficacious in suppression of milk with amenorrhoea.

#### 3. Momordica Charantia

Common Name: - Bitter Gourd.

<u>Doctrine of signature :- The fruit looks like pancreas.</u>

Uses of Momordica Charantia:- Anti diabetic effect of M. Charantia investigation of the traditional uses of M. Charantia in india revealed that it is one of the most important plant for lowering blood glucose level in patients with diabetes.

Momordica Charantia does not significantly decrease pasting blood glucose levels or Hba1c, indicators of blood glucose control-when taken in capsule or tablet form.

4. Cucurbita pepo

Common Name:-Pumpkin seeds.

Doctrine of signature:- The seeds of pumpkin has the appearance of prostrate.

Use of cucurbitapepo:-Cucurbitapepo contains Betasitosterol, acholesterol like compound found in plants. It has been studied for BPH and found to significantly improve urinary flow and decrease the amount of urine left in bladder. It does not shrink the Prostate Beta-sitosterol is also used to lower cholesterol, making it a good option for men whose cholesterol levels are high.

5.Jonesiaasoca

Common Name:-Asoka

Doctrine of signature:- This is a sacred plant in India. The three flowers in spring and the flowers are red, as one of It's doctrine of signature. The bleeding from orifice is bright red in colour.

Uses of Jonesia asoca:- As a female during reproductive age group is concerned. The major cause of her physical sadness is during menstruation and asoka is excellent remedy for menstrual troubles. It shows that the lady is easily weeping. This is also the doctrine of signature of this plant.

In homeopathy the proving was done By Dr. N. Roy. The main sphere of action in female reproductive organ is suppressed menses, irregular menses, and amenorrhoea at puberty with palpitations. Pain in ovaries and sacral region which is better by the appearance of flow, irritable bladder.

- References
- Boerick's New Manual Of Homeopathic Material Medica With Repertory.
- Antidiabetic Effects Of Momordica Charantia ( Bitter Melon) And Its Medicinal Potency. Baby Joseph And Djini-Asian Passapic Journal Of Tropical Disease.
- Impressive Benefits Of Brahmi-Https://Food.Ndtv.Com

## INTRODUCTION TO BACH FLOWER REMEDY

Dr. Dipika Shankarbhai Prajapati M.D. (Part1)

Bach Remedies were identified by Dr. Edward Bach (1886–1936) was a Bacteriologist and Homoeopath. In the Bach flower remedies consist of 38 remedies which are designed as a system of emotional healing. Dr. Bach become aware of the link between stress, emotions and illness. He found that flower essence helped them overcome their illness by addressing the underlying emotional contributing factors. This

 connection is based on Dr. Bach's idea that negative emotional states can suppress the healing process. The contemporary science of "Psychoneuroimmunology" or the study of the connection between the mind and its influence on disease seems to support this concept.

Here which specific Bach remedies do we use for what, and how do we choose? Well, Bach categorized his remedies into The Twelve Healers, The Seven Helpers and The Second Nineteen.

The Twelve Healer: Dr. Bach felt these were for our primary soul types, the sort of person we are. He equaled these with the soul lessons we have come to learn, The Twelve Healers are:

- 1. Agrimony (peace)
- 2. Centaury (strength and ability to say no)
- 3. Cerato (wisdom)
- 4. Chicory (to dissolve self pity)
- 5. Clematis (to bring dreamers down to earth)
- 6. Gentian (to resolve discouragement and despondency into the positive quality of faith)
- 7. Impatiens (to release the quick tense mind into gentleness)
- 8. Mimulus (from fear of known things into bravery)
- 9. Rock Rose (to transform terror and dread into courage)
- 10. Scleranthus (to bring balance and determination from indecision)
- 11. Vervain (to release over enthusiasm into quiet and tolerance) and
- 12. Water Violet ( to charge a proud aloof or quietly grieving person into the joy ).

The Seven Helpers: These are support remedies, for long term conditions:

- 1. Gorse (hopelessness)
- 2. Heather (fussy introspection)
- 3. Rock Water (rigidity of attitude)
- 4. Wild out (lack of direction in life)
- 5. Olive (weariness and exhaustion)
- 6. Oak (for the strong person who never gives up)
- 7. Vine (for a domineering forceful attitude, to bring the quality of calm wise leadership).

The Second Nineteen (which complete the set of 38 remedies)

These remedies relate to emotional states that result from life's knock and challenges.

#### They include:-

Holly - For jealousy, revenge, suspicion and greed bringing the quality of love.

Pine - Brings self esteem, reliving a feeling of guilt and self blame.

Dosage and Repetition: The recommended dosage is three to four on tongue four to six times daily for as long as needed, for up to about six weeks maximum.

Side – effects are rare, although sometimes people may get short – lived detoxifying symptoms such as a rash or a headache. Aggravations are very uncommon.

#### Reference:

Beginner's Guide to Bach Flower Remedies With Repertory By V. Krishnamoorty.

The Essential Writing of Dr. Edward Bach By Dr. Edward Bach.

The Twelve Healers and other Remedies By Edward Bach.

### DRUG PICTURE OF CARCINOCIN WITH RUBRICS FROM SYNTHESIS REPERTORY

Dr. Meghna Shelar M.D. (PART 1)

I am representing my idea about the multi miasmatic Drug Carcinocinum. However I have tried to give an insight with rubrics from the repertory synthesis, in which Carcinocin is covered which may be further elaborated. It is A Nosode prepared from discharge of breast cancer, proved by Dr. Donald M. Foubister, Dr.W.Lees Templeton, J. Hui bon hua.

It may represents direct SYPHILITIC expression as if mother suffering from a cancer and the foetus nourished by cancerous blood or foetus having history of cancerous manifestation in family,it may born with some congenital defects or presence of moles,birthmarks(café au lait face) or frackles since birth.

{Rubric - Skin,nevi

Generalities, café au lait (brown)}

As well many hereditary diseases carry forward from long history of the family, Especially cancers, insomnia, allergies, hormonal imbalances from maternal sides. As a miasmatic block we can think of carcinocin. For that carcinocin is found in very usefull rubrics like..

{Rubrics – Generalities , history; personal , cancer of Generalities , childhood diseases of:

Generalities, family history of , anaemia ; diabetes malitus ; cancer ; asthma ; suicidal deaths (ambra gr.); ulcers of stomach ; insanity}

Here SYPHILIS is dominating miasm. In person who never develop any diseases in their childhood /adulthood directly diagnosed by cancer in later stage, also represents SYPHILIS miasm.

{Rubrics - History ,personal ,childhood diseases of, absent/ appearing late in life/severe : Single remedy carcinocin}

As PSORIC expression in child – never well since childhood, always suffering from disease like acute infection and inflammatory diseases esp whooping cough, pneumonia and asthma <.

{Rubric-Generalities,convalescence,ailments during Vaccination,ailments after,children in-single medicine carcinocin}

Here,SYCOTIC expresasion in PSORIC state like thuja. He is Nervous like Gelsemium causing vomiting. Extreme sensitive from external impressions like noise,light,temperature changes, ghost,darkness, being alone,lost in crowd,failure in examination. This fear marked may be due to dominating parents,he can't develop his own identity like anacardium.

{Rubric – Mind, ailments from domination, children in, parental control long history of excessive}.

He always tries to please his parents by his Fastidious and Perfect nature.(ars,nux v,aloe,caust) Perfectionism in each work,prefers neatness and cleanliness.

{Rubric - Mind, Fastidious Mind, Flattering desire, seducing behavior in children}

Even he wanted to be flattered.

{Rubric - Mind, flattered desire to be}

From this PSORIC child develops the SYCOTIC stage where The child become totally introverted, suppresses his anger and emotions.

{Rubric-Mind, ReservedMind, Emotions, suppressed} Child suffers from physically, mentally and sexually abused by others/parents/elders.

{Rubric - a/f abused after being}

This introvertness can be reflected in sleep positions – He sleeps in genu pectoral position.

{Rubric - Sleep,position,knees chest position (medo,lyco,phos)

Sleep,position,knees,face forced into pillow (medo,cal phos,tub)}

This resentment and prolonged unhappiness results into TUBERCULAR state of drug. There would frenetic breakout as they can not tolerate anymore suppression and become extroverted. They are cheerfull, jolly, excited or obstinate and disobedient.

{Rubric - Mind, exhilaration Mind, disobedience}

They love travelling, dancing, music, rain, nature, animals, gardening and thunderstorm from which they previously used to fear. Travelling esp to beaches and adventurous places, but <br/>by sea side (bromium, nat mur, medo)

{Rubric - Mind,travelling,desire for Mind, amusement, desire

Mind,nature,loves(caust,phos,coffea,elaps)
Mind,gardening love for (elaps,medo,tub, sulph)}
Short naps and open air ameliorates their complaints.
Carcinocin desires many food - chocolate, coffee, sweets, sugar,fatty food,salt,spices,milk,eggs but all aggravets the complaints. They crave dark bitter chocolates,alcohol and wine. They are as such very romantic as well sympathetic for suffering of others. (cocculus – loves nursing of dear and near ones ,phos,nat mur,puls,sepia), as well for animals.

{Rubrics - Mind,sympathetic,animals towards ( aeth, medo, nat mur)}

Carcinocin person is very intelligent and artistic with great affections for fine arts, music, drawing and dancing. (phos, silicea, sulphur, tub, china)

{Rubrics - Mind, intelligent Mind, intellectual Mind, Art, ability for }

The long lasting grief and displeasure is outbursted by sexual dwelling in form of disposition to masturbate, sexually dwelling and abusive relationship.

{Rubrics - Male genital ,masturbation, disposition to,children in (hyosc,lach,merc,phos)}

Here carcinocin develops the state like flourin element as they craves alcohol,drug addiction,love glamour and sexually hyperactive.jealosy in between the children as ambitious nature.For them failure is death and destruction,they stretch themselves beyond the capacity for the success.

{Rubrics - Mind, jealousy, children in (nux v, sep, ars) Mind, ambition, increased, competitive}

Vexation and rudeness of others leads to mental shock, state of TUBERCULAR change to SYPHILIS.

{Rubrics - Mind, ailments from, rudeness of others}
Breakdown state represents SYPHILITIC miasm of carcinocin. at the end they may go in to depression, isolation, mood swings, irritability, causeless anger and crying. Mentally become weak as fogged, aware but not registered, must think deliberately, memory weakness. and suicidal thoughts too.

{Rubrics - Mind,ideas, deficiency of Mind, memory, weakness Mind, suicidal disposition}

Physically for pathologies like cancers, tumors, hormonal – thyroids, ulcers, gonorrhea, cardiac pathologies, recurrent abscess, fistula; we can think of unless and until whole picture is matching with personality.

REFERENCE – carcinocin by foubister Just you see by Dr.Suniramal sarkar The soul of remedies by Dr.Rajan sankaran

Repertory - Synthesis by Dr. Frederick schroyens

#### THE HOSPITAL

The Hospital is Well Situated in the middle of the town opp. sardar baug just beside the new bus stop and 1k.m. away from railway station

FACILITIES: Hospital has 50 bedded indoor facilities and is well equipped with latest equipments and gadgets. it also has proper accommodation for physicians, surgeon, Gynaecologists, Dentist etc. and RMO with sufficient Auxiliary nursing staff.

Hospital have also Dispensing, line store, medical store, preparation room, examination room, labor room, operation theater, dressing room, sterilization room with full equipments as per necessary requirements.

the hospital is well equipped with the state of the art latest USG machine, dental chair, physiotherapy unit, ECG machine, patient monitoring system, tread mills, etc.

#### **SERVICES:-**

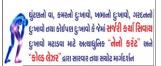
Attached with Anand Homoeopathic Medical College and Research Institute, Anand Hospital provides teaching facilities to the students of 2nd, 3rd, 4th B.H.M.S. Students. after completion of studies there is one year of compulsory internship training at the Hospital as per CCH, New Delhi recommendations.

With pure homeopathic treatment, in different department viz. Homoepathic Medicine, Surgery, Gynecology, Eye, ENT, Skin, Dentistry, Psychology, Pediatrics, etc. approximately 75000 patients gets treated annually in the hospital. The hospital also has a fully fledged in house Laboratory.

Hospital also provides free immunization and arranges Mobile van camps, rural health check-up camps, school health check-up program, and have its peripheral clinics in the surrounding villages for the service of the poor.











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**World Yoga Day celebration** 



World Yoga day celebration



**Workshop on basic life support** 



Workshop on basic life support



Tree plantation



**Tree plantation** 



Thalessemia Awareness Camp



Thalessemia Awareness Camp



**Seminar on NAAC** 



**Woman's day celebration**