

# ANAND HOMOEOPATHIC MEDICAL COLLEGE

&

## RESEARCH INSTITUTE

[ MANAGED BY SHRI RAMKRISHNA SEVA MANDAL ]



Hahnemannian News  
by SRKSM

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# MESSAGE

## PRESIDENT



Dear Reader,  
Shri Ram Krishna Seva Mandal is one of the leading managing trusts of not only Anand District, but also of Gujarat State, running more than 30 institutes successfully. SRKSM works with the Slogan of “બહુજન હિતાય, બહુજન સુખાય”, which itself reflects the noble motive of serving mankind selflessly. At SRKSM, different projects, research studies, seminars, CMEs are conducted by various institutes regularly, in which eminent speakers from all over India are invited to share their knowledge and experience and thereby we provide one the soothing and healthy environment in terms of innovative opportunities and liberty for self-development. Such an approach leads to growth of not only students, but also keeps our academicians updated. Since these two years where the pandemic COVID 19 has deteriorated the education of students up to a great extent, SRKSM with the support of its enthusiastic faculties, have continued the same in forms of webinars, virtual meetings, online teaching; so that to make least compromise with the education of students I appreciate and congratulate my fellow Trustee members of managing committee, Honorary Secretary, our entire staff, and everyone connected with us for their efforts to ensure the smooth functioning of all the institutes of SRKSM.

Mr. Hemantbhai J. Patel  
President, SRKSM

## SECRETARY



Dear Reader,  
It is rightly said,  
“Give a man a fish,  
he eats for a day.  
Teach a man to fish,  
he eats for a lifetime”

SRKSM, being an academic trust, is the best example of above proverb. Running Schools and Colleges, SRKSM has successfully carried the responsibility of nurturing the small, tiny taut to a responsible human being. SRKSM rather than making one a “book worm”, emphasizes on practical implementation of own's knowledge during their learning. SRKSM provides a platform to the youth to be able to withstand all the odds of life. The students are stepping towards achieving their life goals here at SRKSM under the guidance of experienced and knowledgeable faculties. Our faculties too, with the help of advanced technology, without keeping any prejudice, along with educating the students, also teach them life lessons for their betterment. With the perfect co-ordination of the entire staff, SRKSM works as a team to brighten the student's future.

We also run “old age home” for old people, which puts SRKSM at newer heights. Such place is the shelter for needy, lonely people.

I am satisfied that I have got all support from the whole staff. (Teaching and nonteaching) of various institutes of SRKSM in achieving what we are today as the management. Without teamwork, it wouldn't have been possible.

I wish all health, happiness and success to each staff of SRKSM in their life ahead

Mrs. Jyostnaben K. Patel  
Hon. Secretary, SRKSM

## PRINCIPAL



Anand Homoeopathic Medical College and Research Institute, Anand is the leading Grant In Aid Institute in the field of Homoeopathy, being successfully run by SRKSM since 1980. Today when the demand of Homoeopathy is increasing day by day among the community, we, at our institute, emphasis on the role of Homoeopaths in the community.

In today's world of globalization, where people develop many health issues, our faculties make our students aware of strength of our medicines by sharing their experiences. We have expert, experienced faculties to make the clinical understanding of the students better.

Besides studies, our students actively take part in extracurricular activities that are very crucial for one's overall development and thereby emphasizing on individual growth also.

In this pandemic of Covid-19, all of us have experienced the outstanding result of Homoeopathy. Our doctors and interns are working 24 X 7 to save people's lives. During the initial phase of this pandemic our institute had distributed lots of prophylactic Homoeopathic medicines against covid 19 as part of our social responsibility. Anand Homoeopathic Hospital is also designated as COVID Vaccination Centre by District Health Department, and many people got benefited from there.

Through “Hahnemannian News”, a magazine published by Anand Homoeopathic Medical College & Research Institute, we can update ourselves about the performances of the students as well as faculties of AHMC & RI in various educational and co-curricular activities on national and international platform. We take guidance from senior, experienced faculties, accept innovative ideas from everyone associated with AHMC & RI, to make our outcome at our best in the form of Medical Bulletin. I congratulate the entire AHMC team on publication of latest issue of Hahnemannian News. I wish Hahnemannian News will reach everyone Students and Alumni worldwide in coming years.

# HOPE FOR HOPELESS

**Dr. Himanshu Ramavat**

**P.G. Students**

**Name: xy**

**Age/sex: 73/m**

**Address: Anand**

**Occupation: shopkeeper**

**Presenting complaint:**

**Scaly eruption and itching on the both foot for 8 to 10 days.**

**<: scratching, evening, at night.**

**>: coconut oil.**

**Sensation of burning as if coal fire on the both soles of foot. History of presenting complaint:**

The complaint started about 4 to 5 years above starting from the left foot and then appeared on the right side. There is crack and itch+++ . White and sticky discharge also bleeding occurs sometimes. Blackish deep cracked skin, dryness of skin in general. Cries due to burning pain.

**Past history:**

1. Cataract- surgery done- 1 years ago Family history:

1. Father- cardiac arrest- dead

2. Elder brother- liver failure (alcoholism) - dead Personal history:

**Dwelling: Anand Domestic position: 2/2**

**Marital status: Married at the age of 50 years Habbits: tea**

**Physical generals:**

**Appetite: normal Desire: warm food Intolerance: sour food**

**Thirst: large quantity at small interval, thirst more at night. Stool: unsatisfactory**

**Urine: no difficulty to pass Perspiration: on face.**

**Sleep: sound.**

**Thermal: hot patient.**

**Particulars:**

**Leg: burning pain in soles of both foot.**

**MIND:**

**Religious+, loquacity+++ , ailments from greif.**

**LOCAL EXAMINATION:**

**Varicose vein seen on the both the legs, skin is brownish red coloured with scaling and blood spots.**

**Examination of varicose vein :**

**Homans sign : negative Moses sign : negative**

**Trendelenburg test : positive Perthes test: negative**

**DIFFERENTIAL DIAGNOSIS:**

1) Allergic dermatitis

2) Psoriasis

3) Lichen planus **DIAGNOSIS:**

**Stasis eczema with superficial varicose veins.**

**TOTALITY OF SYMPTOMS:**

1) Religious.

2) Loquacity

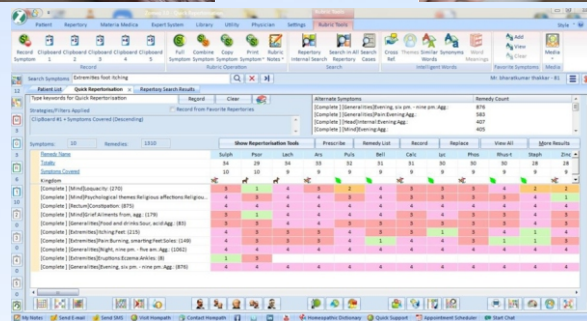
3) Thermal hot patient.

4) Intolerance to sour food.

5) Thirst at night.

6) Eczema on both feet.

7) Itching and burning sensation.



**15/11/2021:**

**Rx,**

1. Sulphur 200/ 3dose (alt days morning)
2. SI/ 4pill tds 29/11/2021:

**Amel. of complaint, sleep good , itching reduced, stool normal.Rx,**

- 1) Sac lac/3pill tds
- 2) Sulphur 200 /3 dose S.O.S

**8/12/2021:**



**Amel. of complaint, all generals are good, burning pain on sole of foot ameliorated, skin colour getting normal.**

**CONCLUSION:**

Another evident case to prove the efficacy of Homoeopathy in pseudo surgical case associated with skin manifestation. Homoeopathy is becoming one of the advanced therapeutic systems which provides cure to patient who are supposed to undergo surgery. The system is helpful especially for those who are unable to undergo both financially as well as mentally for a surgery. The system is providing "cure" in it all means to the entire human beings providing a healthy mental and physical state.

Homoeopathy has now become a blessing to those who are suffering from long term disease condition. It is giving relief from the so called chronic disease, with less side-effects and low cost. Detailed case taking, considering the quality symptoms, constructing the totality, repertorizing and finding the similar medicine are all laborious process for everyone. But the smile of the patient, when he realizes the door is still open for him for a healthy life is making these efforts lighter. Once again we are thankful to our master who introduced this therapeutic system before the world.

# CLINICAL UTILITY OF PULSATILLA IN GYNECOLOGY & OBSTETRIC COMPLAINTS : A STUDY THROUGH BOERICKE'S REPERTORY

By Dr. Hetal Trivedi

Pulsatilla is known as the 'mother' of all female remedies. Its efficacy in various Gynecologic complaints is doubtless. Still many Homoeopathic Students and even fresh Homoeopathic Practitioners may find difficulty in applying their knowledge of Materia Medica in different clinical conditions. Through this article, I have made an effort to put before you the clinical utility of Pulsatilla in various Gynaec. and Obst. Complaints. A sign '+' indicates the intensity of a symptom or a condition in the particular drug.

Gonorrhoea-++

Leucorrhoea-++

→ Type,

- \* Acrid, corroding, burning - +
- \* Albuminous, slimy, mucus-++
- \* Greenish-++
- \* Milky, white-++
- \* Painless-+
- \* Profuse-++
- \* Purulent, staining, yellow-++
- \* Thick-++
- \* Thin, watery-+
- Occurrence, Modalities,
- \* Alter menses & between the periods-++
- \* Before menses-++
- \* In infants, little girls-++
- \* Instead of menses-+
- Concomitants,
- \* Debility, weakness - +
- \* Diarrhoea - +
- \* Marnmae,
- \* Inflammation (mastitis) - + +
- \* Nipples, burning, itching +
- \* Pain in breasts (mastodynia) - +
- \* Swelling - +
- \* Tumours, nodosities - ++
- \* Menopause. climacteric period, change of life - ++
- \* Pains in uterus - +
- \* Menstruation,
- \* Amenorrhoea - ++
- \* Delayed, first menses - ++
- \* Delayed, tardy flow - ++
- \* Intermittent - ++
- \* Irregular - + +
- \* Scanty flow - ++
- \* Suppressed - ++
- \* Suppressed from anaemic conditions - ++
- \* Suppressed from cold water, exposure, chilling - ++
- \* Suppressed with ophthalmia - +
- \* Suppressed with vicarious bleeding - ++

- Dysmenorrhoea - + +
- \* Irregular - ++
- \* Spasmodic, neuralgic - ++
- \* Spasmodic, with uterine congestion - +
- Type of menstrual blood
- \* Changeable - +
- \* Coagulated - ++
- \* Dark, blackish - ++
- \* Pale - +
- Complaints, preceding & attending flow
- \* Abdomen, tight - +
- \* Blindness - +
- \* Breasts, tender, swollen - ++
- \* Chilliness, coldness - ++
- \* Diarrhoea - + +
- \* Eyes, ophthalmia - +
- \* Feet, swollen - +
- \* Headache, congestive symptoms - +
- \* Hysterical symptoms - +
- \* Leucorrhoea - +
- Morningsickness, nausea, vomiting-+
- \* Nervous disturbance, restlessness-+
- \* Pain, colicky, labour-like, spasmodic-++
- \* Pain, extending around pelvis, from sacrum to groin- +
- \* Pain, extending to back (sacrum, coccyx)-++
- \* Sadness-++
- \* Stomach disturbances-++
- \* Stretching, yawning - +
- \* Toothache-++
- \* Urinary symptoms- +
- \* Weakness-+
- Complaints following menses, o
- \* Diarrhoea-+
- Modalities,
- \* Aggravation
- v During flow-++
- In morning, daytime-++
- Ovaries
- Inflammation (ovaritis), Acute-++
- Pain
- \* Cutting, darting, tearing-+
- \* Neuralgic (ovarialgia)-+
- Pregnancy and Labor,
- Abortion
- \* With blood intermittent, pains spasmodic, excites suffocation, fainting, craves fresh air-+
- \* Tendency to abort-+
- \* Threatened-+
- Complaints, during
- \* Bladder disturbances, tenesmus-++
- \* Breasts, painful, neuralgic-+
- \* Diarrhoea-++
- \* Dyspepsia (heartburn, acidity)-++
- \* Dyspnoea-+
- \* Mental symptoms-+
- \* Morningsickness (nausea, vomiting)-++
- \* Pain, false labour - +
- \* Pain, in lumbar region, dragging, distressful-+
- \* Sleeplessness-+
- \* Uterine & abdominal soreness-+
- \* Parturition, labour,
- Pains,
- \* False labour pains-++
- \* Spasmodic, irregular, intermittent, ineffectual, fleeting-++
- \* With hypersensitiveness to pain-+
- \* With syncope-+

- Placenta, retained-++
- Puerperium (Lying in period)
- After pains-++
- Diarrhoea+u
- Haemorrhage (flooding, postpartum), with uterine inertia -+
- Haemorrhoids- +
- Lochia,
- \* Scanty-+
- \* Suppressed-++
- Puerperal fever, septic (septicaemia)-++
- Puerperal melancholia-+
- Lactation,
- \* Milk, absent, or scanty, tardy (agalactea) -++
- \* Milk, suppressed-++
- \* Milk, too profuse (too dry up during weaning)-++
- \* Pain, drawing from nipple, all over body, during nursing -+
- \* Milk leg (Phlegmasia alba dolens)-++
- \* Weaning, ill effects-+
- Uterus,
- Atony, weakness, relaxation-+
- Congestion-+
- Displacements (flexions, versions)-++
- \* Displacements, prolapsus-++
- Hemorrhage (metrorrhagia)-+
- \* With blood, clotted or partly clotted-+
- Inflammation (endometritis, metritis)-++
- \* Inflammation, chronic-++
- Pain
- \* Colicky, cramps, labor-like, bearing down-++
- \* Neuralgic, lancinating, spasmodic, tearing, shooting, cutting, stitching-+
- \* Neuralgic, from back to thighs, legs-+
- \* Pressing, as if viscera would protrude from vagina-++
- Tumours
- \* Fibroids, polypi, myo-fibromata-+
- Vagina
- Inflammation (vaginitis), chronic-++
- Vulva-Labia
- Abscess (vulva-vaginal)-+
- Burning-+
- Inflammation (vulvitis)-+

Reference:

BÖERLICH'S New Manual of Homoeopathic MATERIAMEDICA with REPERTORY, third Revised & Augmented Edition, based on Ninth Edition.

## COVID-19 AND HOMOEOPATHIC CASE MANAGEMENT

**Dr JALPABAROT**

Assistant professor

Organon of Medicine and homoeopathic Philosophy  
Anand Homoeopathic Medical College and Research Institute.

Abstract Studies are going worldwide to develop an effective method for treatment against the global pandemic of COVID-19 but unfortunately no treatment method has been declared as a specific therapeutic approach against COVID-19. History stands as evidence where homeopathy intervention has been beneficial in both preventive and curative aspects of various epidemics.

Holistic symptomatological aspect based on generalities enables Homeopathy to be effective in any disease condition. Selection of homeopathic remedy is always on basis of the totality of symptoms and in most cases the changes occurring in cellular and molecular level are not required except in few occasions of dose and potency determination. This concept of healing through homoeopathy is different from other conventional methods of treatment where molecular pathogenesis is the fulcrum of the drug protocols. Hence, in the era of fight to discover vaccine against COVID-19, the following case report shows how a COVID-19 positive individual with mild symptomatology of vomiting, fever, malaise, heaviness of head and loss of taste, recovers with prescription of Bryonia alba 200, followed by Tuberculinum 200, 1M and 10M and at the same time RT-PCR for SARS-CoV-2 becomes negative in the duration of two weeks. Therefore, this case report demonstrates why Homoeopathic intervention should be emphasized in the management of this international crisis.

**Keywords** Coronavirus disease; Bryonia; Tuberculinum; RT-PCR  
**Abbreviations** OPD = Outpatient department; CO = Complain of; HO = History of; Contd = continued; st quo = status quo; RT-PCR = Real time PCR;

### Case report

A 55 years male patient ND, reported in the OPD on 11/11/2020 with symptoms of fever (101°F) with history of severe weakness in last night. There no evidence of cough or shortness of breath or any signs of dehydration. However, there was severe weakness and patient wanted to lie down always and ailments was increasing on any kind of movement.

### Past history

Patient had history of chronic constipation from till the age of 40 years, for which allopathic and homoeopathic medicines were taken. He also suffered from migraine around the age of 20 years from which he suffered for 2 years and was healed by consuming homoeopathic medicines.

### Family history

Father, uncle, and cousin brother suffered from tuberculosis (pulmonary). Grandfather died of throat cancer and grandmother died of liver carcinoma.

### Personal history

Patient by occupation is a clerk working in Gujarat ST service, borsad and He had habit of pan (teice a day). He is married and had hobbies of reading books and listening to music.

### Generals

Patient is good-natured and well-behaved. During the acute phase he was looking severely exhausted and debilitated. There was a strong desire for water with dryness of mouth and fauces. Stool was hard and unsatisfactory since morning. Sweating was not occurring much and skin was dry and heated.

### Local and systemic examination

Ectomorphic constitution, with height = 175 cm, weight = 70kg .Chest examination revealed normal chest movements on both sides, resonant lung fields, breath sounds was bronchial, and no added sounds was elicited. Skin imparted a heat sensation on touching and on measurement temperature was 101°F as measured orally.

## Analysis of the case

After analyzing the symptoms of the case, the characteristic generals and particular symptoms were considered for framing the totality. Extreme thirst for water with dryness of mouth, fever with weakness, least motion aggravation, wants to be quiet and prefers to lie down, perspiration scanty with dryness of skin, hard stool and bilious vomiting included in totality. Considering the above symptomatology, Kent Repertory was preferred and using HOMPAT software, systemic repertorisation was done. The repertorisation chart is given in the following Table 1.

Remedy Name	Ag	Hy	W	Th	Uc	Ch	Sp	St	Ph	Sc	Ca	Op	Sh
<b>Totally</b>	19	14	13	11	8	8	8	8	8	7	7	7	7
<b>Symptom Covered</b>	7	8	4	5	4	4	4	4	3	3	3	3	3
[K] (Fever)Wants to be quiet in any stage	3												
[K] (Fever)Perspiration Absent	3	3	1	2	2	2	2	2	1	1	2	1	
[K] (Stomach)Vomiting Food Bile etc.	2		2					1					
[K] (Stomach)Thirst Extreme	3	3	3	3	2	2	3	2	2	2	3	2	3
[K] (Stool)Hard	3	2	3	3	3	1	3	2	2	3	3	3	3
[K] (Generations)Weakness, exhaustion (see latitude, weakness) Fever During	2	3	2	3	1	2	1		2	1			
[K] (Generations)Weakness, exhaustion (see latitude, weakness) Rising On	3	3	2		1	2							

Table 1: The repertorisation chart

Bryonia alba 200 was prescribed as it covered all symptoms and scored highest in the table as well. Arsenic album which has now gain popularity as a Homeoprophylaxis is in the second position. However, curative and preventive drugs need not be the same which is again proved from this comparative analysis. Moreover in the study reports of eighteen COVID-19 positive patients in HongKong, homoeopathic medicines such as Bryonia alba and Gelsemium sempervirens was used successfully in 4 and 12 cases respectively .Hence, Bryonia alba 200 4 doses was prescribed in 30 ml aqua dist in fractional dosage format and was advised to take 10 drops, four times daily (QDS). On the 4th day of illness, medicine was changed to Tuberculinum 200, as fever was no more present and few symptoms were persisting. Use of this nosode was made basically due to indications from past history and family history of the patient . Subsequently, the potency was raised to 1M and 10M for complete restoration of health.

### Follow-Up Date Indications for Prescription Medicine with Doses

11.11.2020 : Fever subsided, weakness was marked, appetite decreased, new CO - heaviness of head Bryonia alba 200 10 drop x QDS x contd

12.11.2020 : Fever re-appeared in the evening (100°F), weakness increased along with bodyache, appetite not improved, heaviness of head persisting Bryonia alba 200 10 drop x QDS x contd

15.11.2020 : Heaviness of head – st quo, weakness – st quo, loss of taste – persisting, discomfort of chest - decreased Tuberculinum200 10 drop x QDS x contd

21.11.2020 :Patient now totally asymptomatic now and was under observation in home isolation Repeat RT-PCR test for SARS-COV-2 was advised.



## Discussion

Currently, the treatments include supportive care and no specific anti-virals or vaccine has been developed, as this is primarily dependent on the severity of the illness. From a research standpoint, various drugs are being developed at an extremely quick pace and new targets are being identified every day, and also numerous drugs are also undergoing clinical trials. Researchers are very curious about how to provide the best protection to the public before a vaccine can be made available. Indian medicinal herbs are a promising field for treatment of various illnesses. At a time of worldwide anxiety, it is imperative to find long term solutions to prevent the transmission of such pandemics. So, it's time for all the citizens to join hands together to fight against coronavirus by practicing self-hygiene and social distancing .

## Conclusion

With no established conventional specific treatment or vaccine available for COVID-19 infection, evidence-based homeopathy medicine should be considered with proper documentation. Although the use of homeopathy medicine by us showed shows potential effects in the treatment of COVID-19 infection in an individual COVID patient but control randomized trials need to be conducted to substantiate the findings.

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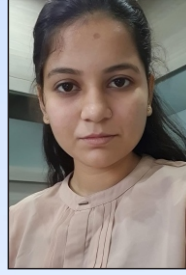
## Students Excellence



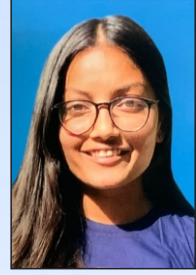
**Divyaba Chudasama**  
University First,  
in First BHMS



**Mansi Priyankbhai Soni**  
College First,  
in Second BHMS



**Priya Chiragkumar Shah**  
College First,  
in Third BHMS,



**Anushri Tarunkumar Patel**  
University First,  
in Fourth BHMS

## Pride of AHMC



**Dr. Hetal Trivedi**, Principal of AHMC selected as a **Dean of Faculty of Homoeopathy** in Sardar Patel University, Vallabh Vidyanagar



**Dr. Annapurna Mistry**, Selected as **Senate Member** as college Senate member in Sardar Patel University, Vallabh Vidyanagar.



**Dr. Prashant Gajjar**, Won uncontested election of Senate member of Faculty Senate in Sardar Patel University, Vallabh Vidyanagar.



**Dr. Anshul S. Shah** Medical Superintendent at Anand Homoeopathic Hospital underwent a research on "A novel mode of administration of Homeopathic Medicine" through "Mist spray Technology (Sureshots nano)" after the approval of the Institutional ethics committee.



### ANAND HOMOEOPATHIC COLLEGE & RESEARCH INSTITUTE, ANAND

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### THE ANAND HOSPITAL

The Hospital is Well Situated in the middle of the town opp. sardar baug just beside the new bus stop and 1k.m. away from railway station

**FACILITIES :-** Hospital has 50 bedded indoor facilities and is well equipped with latest equipments and gadgets. it also has proper accommodation for physicians, surgeon, Gynaecologists, Dentist etc. and RMO with sufficient Auxiliary nursing staff.

Hospital have also Dispensing, line store, medical store, preparation room, examination room, labor room, operation theater, dressing room, sterilization room with full equipments as per necessary requirements.

the hospital is well equipped with the state of the art latest USG machine, dental chair, physiotherapy unit, ECG machine, patient monitoring system, tread mills, etc.

### SERVICES :-

Attached with Anand Homoeopathic Medical College and Research Institute, Anand Hospital provides teaching facilities to the students of 2nd, 3rd, 4th B.H.M.S. Students. after completion of studies there is one year of compulsory internship training at the Hospital as per CCH, New Delhi recommendations.

With pure homeopathic treatment, in different department viz. Homoeopathic Medicine, Surgery, Gynecology, Eye, ENT, Skin, Dentistry, Psychology, Pediatrics, etc. approximately 75000 patients gets treated annually in the hospital. The hospital also has a fully fledged in-house Laboratory.

Hospital also provides free immunization and arranges Mobile van camps, rural health check-up camps, school health check-up program, and have its peripheral clinics in the surrounding villages for the service of the poor.



**દુંદુલ બદલાવતા પહેલા અચૂક મુલાકાત લો...**  
શ્રી રામકૃષ્ણ સેવા મંડળ, આણંદ  
સંગઠિત  
આણંદ હોસ્પિટલ (કેંગ્રીઓલેરાપી વિભાગ)

દુંદુલનો વા, કમરનો દુ:ખાવો, ખાભાનો દુ:ખાવો, ગરદનો દુ:ખાવો તથા કોઈપણ દુ:ખાવો કે જેમાં સર્જરી કર્યા સિવાય દુ:ખાવો મટાડવા માટે અત્યાધુનિક "નેનો કસ્ટ" અને "કોલ્ડ લેઝર" દ્વારા સારવાર તથા સચોટ માર્ગદર્શન

**શ્રી રામકૃષ્ણ સેવા મંડળ, આણંદ**  
સંગઠિત  
આણંદ હોસ્પિટલ, આણંદ

**યોગ ભગીરે યોગ**

શ્રી રામકૃષ્ણ સેવા મંડળ, આણંદના ઉચ્ચને આણંદ હોસ્પિટલ, આણંદમાં સ્થેરી બિનસ્થેરીનો યોગી સારવાર યોગી સંસ્કારો દ્વારા વાલ સેવા કૃપાળુ દર્દીઓ માટે યોગી સંસ્કારો ઉપલબ્ધ છે.

યોગ સ્થાપક :- યોગીશર્મા યુ. પાર્થ, ડોક્ટરેટ

- વિષયકોશી યોગ :-

• કુટુંબી વિનયો	• વાલકો	• કમરનો દુ:ખાવો	• સ્ત્રીઓ
• કમરનો દુ:ખાવો	• હૃદયના રોગો	• માથાનો દુ:ખાવો	• સ્ત્રીઓ
• કમરનો દુ:ખાવો	• હૃદયના રોગો	• સ્ત્રીઓ	• સ્ત્રીઓ
• કમરનો દુ:ખાવો	• હૃદયના રોગો	• સ્ત્રીઓ	• સ્ત્રીઓ

